

## **GANDHI SHIKSHAN BHAVAN'S SMT. SURAJBA**

## **COLLEGE OF EDUCATION**

## **DIWALI AND NAVRATRI CELEBRATION**

14th October, 2021

Thursday

The new semester began with great enthusiasm and energy, beginning with the celebration of navratri festival. The navratri programme was organized online by Gandhi Shikshan Bhavan's Smt. Surajba College of Education on 14<sup>th</sup> October, 2021 at 1:00 pm IST, via Zoom meet.

On 14<sup>th</sup> October 2021, the navratri celebration began with great zeal and zest. The event was well attended by all the enthusiastic students and faculty members in traditional attire. The programme was hosted by the b.ed students, Vaishali Singh and Manju Yadav. The celebration started with the lighting of the lamp by our I/C Principal Dr. Judy Grace Andrews followed by the prayer and mataji aarti by the Mary Immaculate School group, which created a joyous and peaceful atmosphere. The introduction to the festival began with a paper reading, by Ria Tauro which beautifully explained about the nine goddesses and the victory of 'Good over evil'. After which vishwambhari stuti, a Gujarati hymn that is sung after performing

mataji's aarti was melodiously sung by Darshana Makwana, which asks mataji to protect us and also helps in overcoming our worries and fears by admitting your faults to our Maa. Then with immense vigour, the H.M.P.S school group came up with the presentation on scientific temper behind the Navratri food. Developing scientific temper is of paramount importance, therefore they explained the reason behind avoidance of meat, garlic, onion and alcohol. It was also told how the fast was observed using alternative food systems brought from other continents. Various delicious recipes were displayed with ingredients that are used for fasting like sabudana, potato, Kuttu ka atta, makhana, sama grain, singhara which also showcased benefits of each and every ingredient.

Moving ahead with the programme, the holy cross school brought out the navratri celebration in West Bengal. The festival of navratri is incomplete without dance, Deepa and Poornima gave a power packed performance on dhuni naach. They highlighted the festivities in west Bengal, sindoor khela, different types of dishes such as chingri posto, kosha mangsho, Rasgulla, sondesh, Luchi etc. **Song by Bhagyashri-----**

Navratri is the festival of worshipping goddess Durga, other than that it also signifies the importance of nine colours. To explain the significance of colours the sacred Heart School group creatively explained through video presentation. The navratri celebration marks the essence of women empowerment, therefore the BCG school group presented on the unsung indian women personalities like Hima Das, laxmi sehgal, Sudha Murthy, Sona Kumar, Lakshmi Narayan Tripathi, Shabana Azmi, Aruna Asaf Ali and Roshni Mukharjee. After that a poem on "Nari shakti" was recited by Arfa Imran, which exhibited women taking charge of their own lives. Lastly all the school groups presented pooja thali decorated on the theme best out of waste.

Our Principal, Dr Judy Grace Andrews thanked the teacher coordinators and appreciated the efforts of the students through her motivating speech. The vote of thanks was proposed by Heli Saiya, after which everyone rose for the National Anthem marking the end of the navratri celebration.

Photos:







